

St John the Baptist

Curriculum Vision

Subject: PSHE



Vision

Our aim is that children leave our school having developed respect, resilience and readiness through taking part in debates and discussions and knowing how to treat others as they wish to be treated. They will have developed resilience through being taught the skills to equip them to deal with, and bounce back from, the challenges of our modern society. Readiness will have been developed through opportunities to improve self-confidence and ambition. Respect will have been developed by offering an inclusive curriculum and ensuring all children know, believe and live by the school strap line **'Everyone different, Everyone loved.'**

Context

PSHE is a vital part of our curriculum and links closely with the pastoral support that we offer children. Episodes of poor mental health are more and more prevalent in society and through the support we offer parents we are seeing this increase in our families. We are well aware of the impact this can have on children and we are seeing a rise in the number of children needing to access our counselling and therapy sessions. Our PSHE curriculum must educate our children about healthy minds as well as healthy lifestyles, oral health and relationships.

Therefore, in EYFS...

During EYFS children will begin to recognise and talk about their feelings considering how others' may be feeling. They will be encouraged to develop their confidence in new social situations and see themselves as valuable individuals. Children will work individually and in groups to overcome different challenges.

By the end of EYFS children will be able to show an understanding of their own and others feelings and be able to regulate their emotions accordingly. They will show confidence, perseverance and determination when faced with a challenge. Children will be able to turn take and form positive relationships with peers and adults.

In KS1...

During KS1 children will learn about people who help them and celebrate their own individuality. They will begin to make simple choices about their own health and well-being and learn about household products and medicines. They will begin to find out about the wide variety of jobs on offer and how money plays a part in their lives and will strengthen their discussion skills through PSHE lessons.

By the end of KS1 children will talk confidently about themselves and their future plans. They will be able to take responsibility for keeping themselves and others safe both in the home and outside. Children will show understanding of what belonging means and also the importance of money.

In LKS2...

During LKS2 children will begin to know basic emergency first aid, how to manage risks linked to personal safety and make healthy lifestyle choices. They will have opportunities to research, discuss and debate current issues and will be made aware of how personal information is shared and saved online.

By the end of LKS2 children will understand the term 'hazard', carry out basic first aid and know the basic facts and laws about alcohol. They will know how to deal with changes in their body, both internally and externally. They will also be able to talk confidently about the consequences of anti-social behaviour.

In UKS2...

During UKS2 children will explore body image and social media. They will continue to learn emergency and basic first aid and how infections spread. They will be exposed to a wealth of jobs and careers and how to achieve those. Children will be taught the appropriate skills to keep themselves safe online.

By the end of UKS2 children will explain how their bodies have changed and have continued to change through puberty. They will have the skills to face new challenges that lie ahead e.g. transition to secondary school. Children will set goals for the future. They will be able to confidently critique stereotypes within the media.

Developing spirituality and British Values

Through PSHE, the children will be taught to reflect and respect their own and others faiths, feelings and values through a range of scenario led lessons. Through learning about themselves and others, children will gain a sense of enjoyment, fascination and acceptance. The four British Values will be threaded throughout the curriculum to ensure all children are taught the skills to live as responsible and respectful adults.